



# Faith & Communities

*America's Move to Raise a Healthier Generation of Kids*

***Take Action***

**3**

Start moving by launching *Let's Move!* activities to improve the wellness of your community!

***Organize***

**2**

Identify a Wellness Ambassador and direct them to create and lead a Wellness Council or Ministry. Empower them to implement wellness initiatives.

***Lead***

**1**

Establish that wellness is a priority for your organization and provide leadership through consistent messaging.